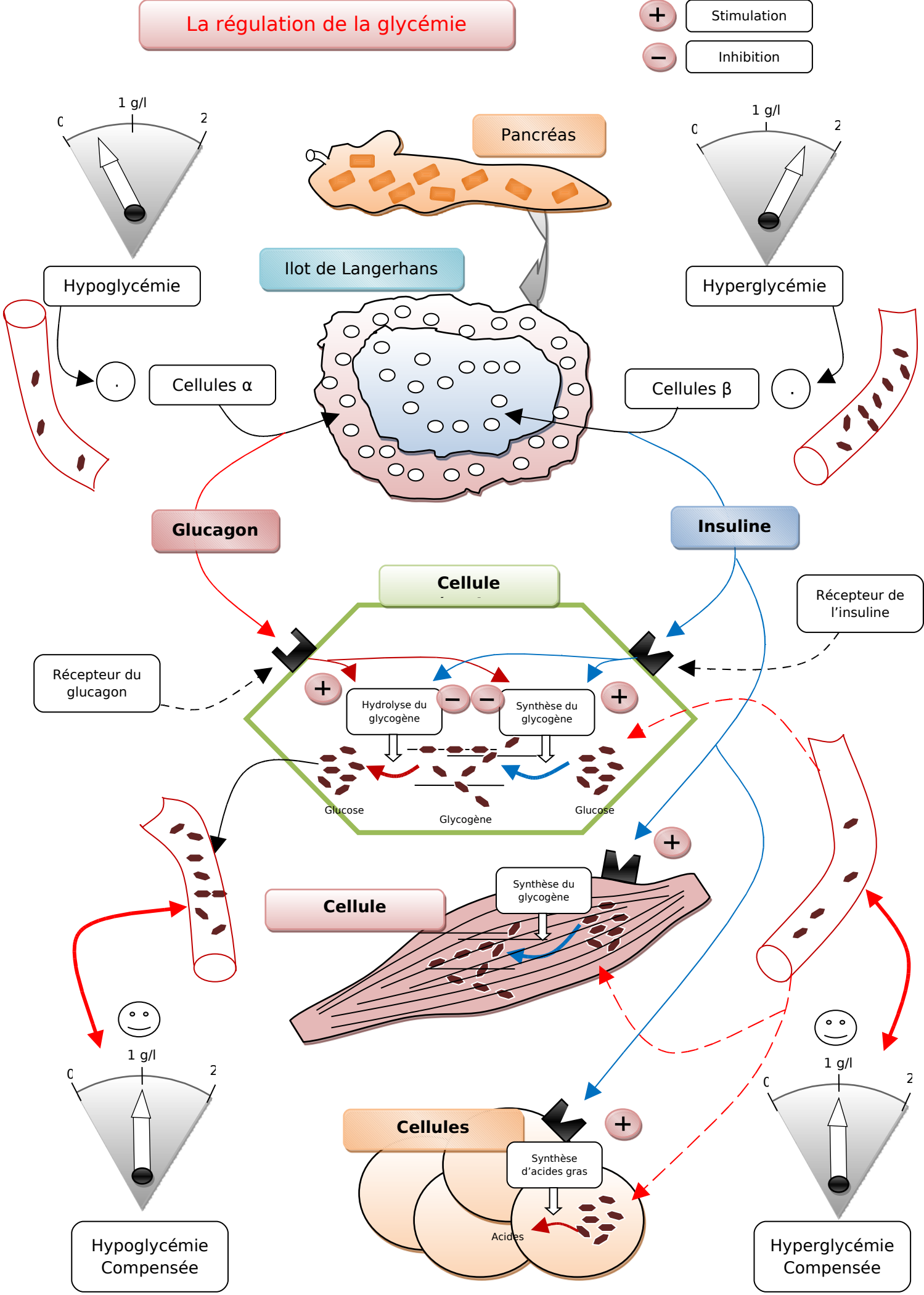La régulation de la glycémie